



# St. Andrew Catholic Church

## Women's Emmaus Retreat

### July 31<sup>st</sup>, Aug 1<sup>st</sup> & 2<sup>nd</sup>, 2026

When was the last time that you had time for you and Jesus?

Wouldn't it be great to find some peace to reflect on your spiritual life?

Wouldn't it be wonderful to spend a quiet weekend with no distractions or stress?

Be good to yourself... YOU DESERVE IT!! Take a break from your daily routine and renew your faith. Get away for a weekend, walk with the Lord, to be still and allow Him to reveal Himself to you.

*This retreat is conducted in English. To fully participate and receive the greatest benefit from the retreat, participants should be comfortable speaking and understanding English.*

NAME: \_\_\_\_\_ NAME ON BADGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PHONE: CELL: \_\_\_\_\_ HOME: \_\_\_\_\_

MARITAL STATUS: SINGLE ☐ ENGAGED ☐ MARRIED ☐ DIVORCED ☐ WIDOWED ☐

RELIGION: \_\_\_\_\_ PARISH: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

PHONE: CELL: \_\_\_\_\_ HOME: \_\_\_\_\_

I HEARD ABOUT EMMAUS FROM: \_\_\_\_\_

DO YOU KNOW ANYONE COMING TO THIS EMMAUS? \_\_\_\_\_ IF SO, WHO? \_\_\_\_\_

PRIMARY LANGUAGE SPOKEN: \_\_\_\_\_ OTHER LANGUAGES SPOKEN: \_\_\_\_\_

**DIETARY RESTRICTIONS, ALLERGIES OR PHYSICAL LIMITATIONS THAT WE SHOULD BE AWARE OF:**

DO YOU SMOKE? \_\_\_\_\_ POLO SHIRT SIZE: SMALL ☐ MED ☐ LARGE ☐ X-LARGE ☐ XX-LARGE ☐ Other \_\_\_\_\_

Retreat will be held at St. Andrew Parish Hall, 9950 N.W. 29th St., Coral Springs – Transportation is provided to hotel

RETREAT STARTS: Friday, July 31<sup>st</sup> at 6:00 pm with a Meet & Greet at St. Andrew Parish Hall

RETREAT ENDS: Sunday, Aug 2<sup>nd</sup> between 3-4pm with a Wrap Up at St. Andrew Parish Hall

COST: \$175.00 – Includes all meals, lodging, and transportation. A non-refundable \$25 Deposit is required with application that is completed online. Payment in full is due by Friday, July 17<sup>th</sup>, 2026.

**For questions, please call or text: Mary Keegan (954) 260-7109 or Jessica Cameron (954) 854-2059. Must be at least 21 years old to attend this retreat.**

“Come journey with me ... down the road to Emmaus”

## A Retreat for Women

They say diamonds are a gift that will last forever. Maybe, but more precious than jewels is a magnificent gift of God’s love for YOU. A love that will stand the test of time, is guaranteed to shine despite any scratches or nicks, ensures everlasting comfort and joy, and never tarnishes or fades.

When was the last time you gave yourself a gift that will last forever? The Women’s Emmaus retreat is the one-stop shop for finding such a gift.

### ***What is an Emmaus Experience?***

It is an experience where women gather to be ministered to by other women. For women who wish to experience God and renew and deepen their relationship with the Lord. This is a time for personal growth. The retreat is based on the Gospel of Luke 24:13-35.

### ***Is this another one of those Programs for pious people?***

No! We are all called to holiness so any woman who wishes to grow closer to the Lord and receive His touch and consolation will enjoy the weekend. Mother Teresa said: it is not enough to be good, we must be holy.

### ***What happens on the weekend?***

The Lord comes to spend time with you, and you with Him. On this retreat you will be free from the distractions of your daily routine. With your whole self being relaxed, you will be able to open your heart and listen to Jesus and the Holy Spirit. That is the deep satisfaction, inner peace and joy you will find: real gifts! The time is spent hearing The Word of God, listening to the stories of other women and relaxing. The Liturgy will be the high-point of the weekend.

### ***What are the greatest benefits for making Emmaus?***

Benefits will be personal to you. Women receive tremendous healing, lifting of burdens, and experiences of love and joy. It is a vehicle to meet other women in the parish who are also looking for friendship.

### ***Where is it? How much does it cost?***

The retreat is held at St. Andrew Catholic Church. The cost is \$175.00 per person, which includes room, all meals, and program. Transportation to and from the Parish Hall in the form of a car pool, will also be provided.

### ***How do I sign up?***

You can download an application from the Parish website at [www.standrewparish.org](http://www.standrewparish.org) and drop it off in the parish office. Registration will also be held after all weekend Masses prior to the Retreat, watch the Bulletin for registration dates.

### ***How long since you’ve asked yourself: + Who am I? + Where did I come from? + Where am I going?***

You can arrive at the answers if you give yourself time to think. You will find the answers right in your own heart when you make an Emmaus retreat. Come join us!

*“Through Emmaus, I am able to embrace where I am on my journey, knowing that this is exactly where I am supposed to be. I came to the realization that I am never alone.” Single, 24-year-old woman.*